

**Southeast Asia Head Office**  
Blk 231, Bain Street  
#03-05, Bras Basah Complex  
Singapore 180231  
Tel : +65-6883-2284/6883-2204  
Fax : +65-6883-2144  
info@marymartin.com  
www.marymartin.com

**South Asia Head Office**  
8/123, Third Street,  
Tatabad, Coimbatore 641012  
India  
Tel : +91-422-2499030/2495780  
Fax : +91-422-2495781  
info@marymartin.com  
www.marymartin.com

Lingnan Hung Kuen : Kung Fu in Cinema and Community / Hing Chao , Joanna  
Pierce

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For so many around the world, it was in the cinema that they saw their first glimpse of martial arts. Through the films of Lau Kar Leung, among others, they came to appreciate the power and skill of many kung fu techniques. However devotees and practitioners of kung fu and Hung Kuen were aware of the much longer tradition of these arts and in particular, the contribution of both the Lam family and the Lau family. In 2009 the Hong Kong Government endeavoured to identify and recognize forms of intangible cultural heritage. It was this awareness of a vibrant part of Hong Kong history and culture which led to the creation of the Hong Kong Martial Arts Living Archive, and from this the exhibition, Lingnan Hung Kuen Across the Century: Kung Fu Narratives in Hong Kong Cinema and Community. In the exhibition and this companion book, the histories of the Lam and Lau families are traced, and their role in preserving and creating new stances and forms and bringing Hung Kuen to a wider audience through the medium of film. Using the latest technologies including 3D imagery, the work of past masters has been here brought back to life.

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